# SINGLE PARENTS IN GERMAN ACADEMIA



# Join us if you

- have sole custody and caregiving responsibilities or share it with a former partner, or
- are balancing the dual demands of academic life and parenting without consistent support, or
- are raising children alone in Germany while your partner remains abroad

## Who we are

We are postdocs, PhD candidates, graduate students, professors, and professionals working in academic administration or research management

### **Our aims**

- Create a platform to connect and organize local meetups.
- Hold online meetings on specific topics to exchange experiences and best practices.
- Offer peer counseling (upon request) in small online groups.

### How to connect

Subscribe to our mailing list to receive updates on meetings, activities, and new ideas. Members are warmly encouraged to contribute and help build this network together:



Join the network — subscribe to our mailing list!

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The German academic system is marked by precarious employment conditions. For single parents, combining childcare with career planning is especially difficult due to financial insecurity, limited travel flexibility, and frequent institutional changes. The goal is to build an informal yet professional network that supports these challenges and enables sharing of experiences and best practices.